



LUTHERHAVEN MINISTRIES

CAMP LUTHERHAVEN & SHOSHONE MOUNTAIN RETREAT

WINTER 2021 CAMP HEALTH & SAFETY GUIDE—UPDATED 11.12.2021

Through the past year and a half, the leadership of Lutherhaven Ministries has worked closely with public health and camp professionals nationwide to develop current COVID-19 protocols and precautions. This document is regularly updated; check back here for any changes that may impact your camp stay.

OUR #1 GOAL IS KEEPING GUESTS, STAFF, VOLUNTEERS, AND FOLKS BACK HOME SAFE AND HEALTHY.

Lutherhaven Ministries believes it is important for all of us to be part of the pandemic solution.

- We have a stellar team of medical and public health professionals helping us make decisions and implement protocols based on grounded public health policy.
- Our protocols keep in mind that we draw guests from around the region and across the nation.
- Along with the more than 7,000 summer camps in the United States, we base our COVID health and safety policies on the most recent guidance from the [CDC guidelines for summer camps](#), the American Camp Association's [2021 Field Guide for Camps](#), and the [Association of Camp Nursing](#).

COVID-19 EXPOSURE AND SYMPTOMS

Closely observe your health and contacts in the **two weeks** leading up to your camp stay, stay home if you

1. Have been in contact with anyone diagnosed with COVID-19 within the previous 10 days (**Does not apply if you are fully vaccinated against COVID-19.**)
2. Have been diagnosed with COVID yourself within the previous 10 days
3. Show any symptoms associated with COVID-19
4. See the CDC COVID Symptom List: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

VACCINES

Safe COVID-19 vaccines are available nationwide to everyone over the age of 5. Vaccinations are key to the global pandemic solution, in addition to other safety steps. We **strongly urge everyone 5 and older to be vaccinated**, as medically advisable.

TESTING

COVID-19 testing helps reduce the risk of COVID at camp. COVID tests are available nationwide at health centers and select pharmacies. To locate a testing location near you, visit:

www.hhs.gov/coronavirus/community-based-testing-sites/index.html.

YOUR GROUP OR FAMILY AT CAMP

Vaccinations are strongly encouraged for all camp guests age 5 and older, as medically advisable.

- COVID testing within 5 days prior to coming to camp is encouraged for all **unvaccinated** participants who will come in close contact with other **unvaccinated** camp guests **not in their own group or household**. Close contact is closer than 6-feet for more than 15 combined minutes per day.
- Unvaccinated camp participants should consider getting tested for COVID **5 days after returning home from camp, if they came in close contact with other unvaccinated individuals**. Close contact is closer than 6-feet for more than 15 combined minutes per day.

COMPROMISED IMMUNE SYSTEM?

Unvaccinated individuals who are immunosuppressed (as defined by their family physician) or live in a home with an immunosuppressed person should consult with their health care provider(s) before deciding whether or not to participate in any camp program. We are not able to guarantee a person on our sites will not be exposed to COVID-19; thus, participation in any camp program during the pandemic may not be recommended for unvaccinated individuals with known vulnerabilities that put them at greater risk, or with unvaccinated vulnerable individuals back home.

WHEN YOU ARRIVE

Anyone with a temperature over 100.4 degrees, or is exhibiting COVID-19 symptoms, or has been exposed to COVID-19 (**unless vaccinated**) or has tested positive for the virus in the previous 10 days, may not enter camp and must return home. Anyone exhibiting COVID-like symptoms at camp must immediately return home, along with any unvaccinated individuals who may have been exposed to COVID during their camp stay.

MASKING

Cloth mask wearing is one of several best practices to help prevent the spread of COVID-19. You will be welcomed to camp by masked staff. **Guests are encouraged to wear masks** when indoors with their group. **Cloth face masks must be worn by guests in the dining hall—except when eating—and when going through food service lines, and at all times when indoors with other groups. Masking is not required in sleeping accommodations. Masking is not required outdoors, unless with other groups when physical distancing of at least 6 feet for more than 15 minutes cannot be maintained.**

BRING ONE CLOTH MASK FOR EACH DAY AT CAMP!

MASK EXEMPTIONS

There are no mask exemptions, with the exception of guests with medically certified conditions that prevent mask-wearing, when such certification **by their physician** is presented in writing to the camp host. All other camp participants are required to adhere to our mask policies.

PHYSICAL DISTANCING

Physical distancing of at least 6 feet will be used by all camp participants at all possible times when interacting with others outside their group.

HAND WASHING

Wash your hands and hand sanitize throughout the day during your camp stay.

OVERNIGHT

Camp has HEPA filtration systems in cabins and other indoor spaces to optimize air filtration and circulation. Despite cooler weather, we encourage you to keep a window open in your sleeping rooms. **Bring an extra blanket for cool camp nights!**

VISITORS

Unregistered visitors are not allowed on main camp. All guests and visitors must check in and register at the office.

QUESTIONS? CONTACT US!

208.667.3459 x 119