



LUTHERHAVEN

LUTHERHAVEN MINISTRIES

CAMP LUTHERHAVEN & SHOSHONE MOUNTAIN RETREAT

FALL 2021 CAMP HEALTH & SAFETY GUIDE—UPDATED 9.11.2021

Through the past year and a half, the leadership of Lutherhaven Ministries has worked closely with public health and camp professionals nationwide to develop current COVID-19 protocols and precautions. This document is regularly updated; refer back to it for any changes that may impact your camp stay.

OUR #1 GOAL IS KEEPING GUESTS, STAFF, VOLUNTEERS, AND FOLKS BACK HOME SAFE AND HEALTHY.

Lutherhaven Ministries believes it is important for all of us to be part of the pandemic solution.

- We have a stellar team of medical and public health professionals helping make decisions and implement protocols based on scientific public health policy.
- These protocols keep in mind that we draw guests from around the region and across the nation.
- Along with the more than 7,000 summer camps in the United States, we base our COVID health and safety policies on the most recent guidance from the [CDC guidelines for summer camps](#), the American Camp Association's [2021 Field Guide for Camps](#), and the [Association of Camp Nursing](#).

COVID-19 EXPOSURE AND SYMPTOMS

Closely observe your health and contacts in the **two weeks** leading up to your camp stay. Stay home if you

1. Have been in contact with anyone diagnosed with COVID-19 within the previous 10 days
2. Have been diagnosed with COVID yourself within the previous 10 days
3. Show any symptoms associated with COVID-19
4. See the CDC COVID Symptom List: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

VACCINES

Safe COVID-19 vaccines are available nationwide to everyone over the age of 12. Vaccinations are key to the global pandemic solution, in addition to other safety steps.

- We **strongly urge everyone 12 and older to be vaccinated**, as medically advisable. Our goal is 100 percent of our staff and long-term volunteers vaccinated.

TESTING

COVID-19 testing helps reduce the risk of COVID at camp. COVID tests are available nationwide at health centers and select pharmacies. To locate a testing location near you, visit:

www.hhs.gov/coronavirus/community-based-testing-sites/index.html.

GROUPS AT CAMP

Vaccinations are strongly encouraged for all participants 12 and older, as medically advisable.

- PCR Testing prior to coming to camp is strongly encouraged for all **unvaccinated** participants.
- PCR Testing is **required** for group participants who will come in close contact with other camp program participants outside their own group.

- Close contact is closer than 6-feet for more than 15 combined minutes per day
- PCR Testing is recommended but not required for groups traveling to camp and participating in programs strictly within their own group.

FAMILIES AT CAMP

Vaccinations are strongly encouraged for all participants 12 and older, as medically advisable.

- PCR Testing prior to coming to camp is strongly encouraged for all **unvaccinated** participants.
- PCR Testing is **required** for family participants who will come in close contact with other camp program participants outside their own family OR GROUP.
 - Close contact is closer than 6-feet for more than 15 combined minutes per day
- PCR Testing is recommended but not required for families traveling to camp and participating in programs strictly within their own family OR GROUP.

OPTIONAL: It is recommended that all unvaccinated camp participants get tested for COVID 5 days after returning home from camp.

COMPROMISED IMMUNE SYSTEM?

Individuals who are immunosuppressed (as defined by their family physician) or live in a home with an immunosuppressed person should consult with their health care provider(s) before deciding whether or not to participate in any camp program. Though we are taking extensive actions to keep camp safe, we are not able to guarantee a person on our sites will not be exposed to COVID-19; thus, participation in any camp program during the pandemic may not be recommended for individuals with known vulnerabilities that put them at greater risk, or with vulnerable individuals back home.

WHEN YOU ARRIVE

Anyone with a temperature over 100.4 degrees, or exhibiting COVID-19 symptoms, or who has been exposed to COVID-19 or tested positive for the virus in the previous 10 days, will not be permitted to enter camp and must return home.

MASKING

Cloth mask wearing is one of several best practices to help prevent the spread of COVID-19. You will be welcomed to camp by masked staff. **Camp guests are STRONGLY ENCOURAGED to wear masks** when indoors with their group. **Cloth face masks must be worn by guests when in the dining hall—except when eating—and when going through food service lines, and at all other times when indoors with other groups. Masking is NOT required in sleeping accommodations. Masking is NOT required outdoors, unless with other groups when physical distancing of at least 6 feet for more than 15 minutes cannot be maintained.**

ALL GUESTS MUST BRING ONE CLOTH MASK FOR EACH DAY AT CAMP!

MASK EXEMPTIONS

There are no mask exemptions, with the exception of guests with medically certified conditions that prevent mask-wearing, when such certification **by their physician** is presented in writing to the camp host. All other camp participants are required to adhere to our mask policies.

PHYSICAL DISTANCING

Physical distancing of at least 6 feet will be used by all camp participants at all possible times when interacting with others outside their group.

HAND WASHING

Wash your hands and hand sanitize throughout the day during your camp stay.

OVERNIGHT

Camp has HEPA filtration systems in cabins and other indoor spaces to optimize air filtration and circulation. Despite cooler weather, we encourage you to keep a window open in your sleeping rooms. **Bring an extra blanket for cool camp nights!**

VISITORS

Unregistered visitors are not allowed on main camp. All guests must check in and register at the office.

GUESTS WITH COVID SYMPTOMS OR EXPOSED TO SYMPTOMATIC INDIVIDUALS

Anyone exhibiting COVID-like symptoms at camp must immediately return home, along with any unvaccinated individuals who may have been exposed to COVID during their camp stay.

QUESTIONS? CONTACT US!

bob@lutherhaven.com